



## IES 2023 - Statistical Methods for Evaluation and Quality: Techniques, Technologies and Trends $(T^3)$

## BOOK OF SHORT PAPERS

Editors: Andrea Bucci, Alfredo Cartone, Adelia Evangelista and Andrea Marletta

Book of Short papers 11th International Conference **IES 2023** Statistical Methods for Evaluation and Quality: Techniques, Technologies and Trends  $(T^3)$ 

University 'G. d'Annunzio' of Chieti-Pescara







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ISBN 979-12-803-3369-8

DOI 10.60984/978-88-94593-36-5-IES2023

https://doi.org/10.60984/978-88-94593-36-5-IES2023

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### **Preface**

Statistical thinking, design and analysis play a crucial role in social life and are useful to society at large. Besides, promoting advanced methodological research is useful to facilitate the dissemination of ideas related to various fields of interest. For this purpose, experts in statistics, data analysis, data mining, statistical methods for decision making, machine learning and related methods come together to understand and analyse phenomena through data.

In line with this objective, the Statistics Group for the Evaluation and Quality of Services (SVQS; www.svqs.it) of the Italian Statistical Society (SIS) has been organizing the Innovation and Society (IeS) conference biennially since 2009, focusing on new developments and ideas in statistics applied to the evaluation and quality of public and private services, attracting national and international statisticians and data scientists. The meeting contributes to spot light on the main statistical approaches and methodologies for the evaluation of public services currently in use in different contexts, as well as to facilitate discussion on the impact of innovative statistical evaluation systems for these services, involving various economic and social policy actors.

The conference "Statistical Methods for Evaluation and Quality: Techniques, Technologies and Trends (T<sup>3</sup>)" recorded valuable contributions that are reported in this volume. The papers underscore how the growing availability of data has tasked social and economic actors, organizations, and researchers with the management and analysis of large volumes of unstructured and heterogeneous data. In recent years, many tools for both qualitative and quantitative models have been developed to better describe and understand complex systems and their underlying behaviors, and the papers reported in this volume bear witness to this.

Techniques, technologies and trends: the study of data complexity presents the potential to provide analyses with increased frequency and timeliness, accuracy and objectivity, and to define sustainable models. Traditional quantitative methods for capturing socioeconomic data have often shown limitations in their ability to examine underlying systems, and with the three 'T' just mentioned, the outlines of future developments are starting to emerge.

The volume reports 127 contributions in the following areas:

- Advanced statistical methods for pattern recognition
- Advances in statistical learning from high-dimensional data
- Data analysis for web sources
- Distance and depth-based statistical learning methods for robust data analysis

- Economics and environment
- Education and labour
- Inequalities in the labour market
- Innovations and challenges in official statistics
- Labour market: trends, perspectives and new challenges
- Methodological and applicative contributions for evaluating sustainable development
- Methodological developments and applications for the assessment of student competencies
- Networks data analysis: new perspectives and applications
- New advanced statistical methods for data science
- Recent advances in statistical learning and data analysis
- Statistical analysis and modeling of environmental pollution data
- Statistical methods and complexity for evaluation in finance
- Statistical methods and composite indicators for healthcare
- Statistical methods and models for land monitoring with spatio-temporal data
- Statistical methods for environmental monitoring and sustainability
- Statistical methods for the analysis of university student choices and academic performance
- Statistical methods for the assessment of transport services and sustainable emissions
- Statistical methods for education and educational services
- Statistics in sports
- Tourism and territory.

The Conference event attracted many contributions as well as numerous Authors, not just from Italy but also from abroad. Over the three-day meeting, the Community has the opportunity to witness some of the state-of-the arts, new trajectories, and methodological challenges in 24 solicited sessions, 7 sessions of free contributes, two round tables - organized by Maurizio Vichi and Matilde Bini respectively - and three keynotes sessions with Ron S. Kennet of Samuel Neaman Institute of Israel, Luigi D'Ambra of Federico II University of Naples, and the former Minister Enrico Giovannini from University of Tor Vergata.

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## Contents

Plenary Session	1
Befitting Cross Validation with Three Case Studies	2
Kenett R.S.	
Solicited Session SS1 - Statistical analysis and modeling of envi-	
$ronmental\ pollution\ data$	3
Assessing environmental quality by clustering a structural equation model based index: An application to European cities air pollution Bottazzi Schenone M., Grimaccia E. and Vichi M.	4
Evaluating the nonlinear association between $PM_{10}$ and emergency department visits	10
Bucci A., Sanmarchi F., Santi L., Giostra F., Tubertini E., Rosa S., Nante N. and Golinelli D.	
Estimating spatially varying Gaussian Graphical Models to unveil relationships among pollutants in the Red River Delta in Vietnam Pronello N., Cucco A., Ignaccolo R. and Ippoliti L.	16
Solicited Session SS2 - Statistics in sports	22
Clustering Athlete Performances in Track and Field Sports	23
A Cross-Country Analysis of Engagement in Physical Activity and Sport Practice Learnt from Eurobarometer Survey Data	29
Strong eras in male professional tennis	35
NonParametric Combination method for data analytics in basketball matches Barzizza E., Biasetton N., Ceccato R., Disegna M. and Vezzosi G.	41
Solicited Session SS3 - Statistical methods for the analysis of uni-	
versity student choices and academic performance	<b>47</b>
The influence of labor market conditions on students' career disruption: first insights from Italy	48
Usala C., Sulis I. and Porcu M.	
Socio-economic aspects that may affect South-North students' mobility in Italy	53
Genova V.G. and Boscaino G.	
An analysis of student's performance in bachelor's degree	59

La Rocca M., Niglio M. and Restaino M.  An exploratory strategy for analyzing students' mobility data	65
Solicited Session SS4 - Statistics in football  Community Detection in Sport Market Networks. The Case of Italian	71
Community Detection in Sport Market Networks: The Case of Italian Professional Football	72
An Original Application to Football of PLS-SEM for the xG Model Cefis M. and Carpita M.	78
Performance Assessment of Football Players and Combined Permutation Tests with application to Home-Field Advantage	84
Bonnini S.  A First Proposal of the Triad Census for Weighted Networks: an Application to Football	90
Rondinelli R. and Palazzo L.	
Solicited Session SS5 - Advances in statistical learning from high- dimensional data	96
PCA approaches for vector functional time series	97
Conformal Prediction for Functional Kriging Models	102
Measuring Public-Private Connectedness in Financial Markets	108
An original approach to anomalies in intertemporal choices through Functional Data Analysis: Theory and application for the study of Hikiko-	110
mori syndrome	112
Solicited Session SS6 - Labour market: trends, perspectives and	110
Enriching Job Vacancy Official Information with Online Job Advertise-	118
ments: Chances and Limits	119
Innovation in Management: towards the Open Manager	126
	132
Enhancing SMEs default prediction with web-scraped data	133
Web data as enabler for informed decisions in Labour Market $\dots \dots Maggioni~G$ .	137
The metaverse & luxury fashion brands: strategic communication exercise <i>Forciniti A. and Zavarrone E.</i>	141
Increasing the Geographical Granularity of Economic Indicators with Google Trends	147

### Domenech J. and Marletta A.

Solicited Session SS8 - Methodological and applicative contributions	
$for\ evaluating\ sustainable\ development$	153
Evaluating sustainable development in EU countries through synthetic in-	
dicators	. 154
Alaimo L.S. and Cucci M.	
Naples and tourism sustainability: A survey of citizens' perceptions Aria M., Pagliara F., D'Aniello L. and Della Corte V.	. 160
Modelling inequalities for sustainable development in Italy countries Musella M., Borrata G., Camminatiello I. and Lombardo R.	. 166
Food Security and Sustainability: A Science Mapping Analysis $Piscitelli\ A.$	. 172
Solicited Session SS9 - Inequalities in the labour market	178
Skill similarities across Italian regions: an analysis based on the online job	4 =0
advertisements	. 179
Italian Labour Market reform and gender inequalities	. 185
Intergenerational transmission of disadvantages in the Italian labour market: evidence from AD-SILC data	. 191
Busetta A., Fabrizi E., Ragozini G. and Sulis I.	
${\bf Solicited\ Session\ SS10}\ \hbox{-}\ \textit{Statistical\ methods\ and\ complexity\ for\ eval-}$	
uation  in  finance	<b>197</b>
Financial networks resilience and shocks propagation	. 198
How the choice of one parameter impacts the numerical stability of the	
efficient frontier	. 204
Dynamic shrinkage for minimum variance combination of forecasts $Mattera\ R.$	. 210
Exploring the perception of the gender issue of Italian female entrepreneur $Castellano\ R.,\ Riccioni\ J.\ and\ Rinaldi\ A.$	s 217
Solicited Session SS11 - Networks data analysis: new perspectives	
$and \; applications$	<b>223</b>
Describing Italian mobility trajectories in higher education	. 224
Collaboration networks: methodological issues and updated empirical evidence on Italian statisticians	. 230
De Stefano D., Fabbrucci Barbagli A.G., Santelli F. and Zaccarin S.	
Mapping Ashtma Complexity with Graph Theory: an Integrative Approach Cucco A., Simpson A., Murray C., Fontanella S. and Custovic A.	h 236
Investigating the patterns of Italian internal mobility: a network analysis	
at provincial level	242

Sarra A., D'Ingiullo D., Evangelista A., Nissi E., Quaglione D. and Di Battista T.	
Solicited Session SS12 - Innovations and challenges in official statis-	
	<b>48</b>
Formal and informal networks of care for the elderly: regional profiles	
1	249
Sicuro L., Tucci D. and Coniglio R.	
Gender Gap: a multidimensional approach	55
Acampora C., Fusco D., Liguori M.A. and Pagliuca M.M.	
Using Whatsapp in Official Statistics: a New tool for managing the Agri-	
culture Census	59
$Fabi\ C.$	
Solicited Session SS13 - Statistical methods and composite indica-	
tors for healthcare 2	<b>65</b>
Longitudinal composite indicators to measure the quality of health services 2 Crocetta C., Antonucci L., Cataldo R. and Mazza R.	66
Past and Future of Doctor-Patient Communication	272
Tedesco N., Zavarrone E. and Forciniti A.	
Network Analysis approach to customer satisfaction and service quality	
detection: an application to health-care services	277
Crocetta C., Grassia M.G., Marino M., Mazza R., Simonacci V. and	
$Stavolo\ A.$	
A project evaluation study on multiset Likert scale data	283
Simonacci V., Marino M., Grassia M.G. and Gallo M.	
Solicited Session SS14 - Distance and depth-based statistical learn-	
	89
·	290
Boj E., Grané A. and Parron D.	
Data depth for mixed-type data through multidimensional scaling. An	
application to biological age imputation	294
Cascos I., Grané A. and Qian J.	
A compared protocol to improve clustering procedures	298
Grané A., Riani M. and Salini S.	
Robust diagnostics for Linear Mixed Models with the Forward Search 3	04
$Corbellini\stackrel{ ightarrow}{A.},\ Grossi\ L.\ and\ Laurini\ F.$	
Solicited Session SS15 - Advanced statistical methods for pattern	
	10
	311
Carleo A. and Rocci R.	
Living alone in Italian municipalities	17
Vellucci P., Benassi F., Naccarato A. and Gallo G.	
Supervised learning from high-dimensional data through dynamic updating	
	323

Maturo F., Fortuna F. and Di Battista T.
Assessing the effectiveness of coordination among public authorities in cohesion expenditure
Coco G., Monturano G. and Resce G.
Solicited Session SS16 - Recent advances in statistical learning and
data analysis  A Predictive Functional Principal Component Analysis of Well-Being Data 336  Marcis L., Pagliarella M.C. and Salvatore R.
Detecting the partition in the extended hierarchy of a dendrogram: an application on biomedical data
Concordance measure for rankings
Quadratic discriminant scoring for selecting clustering solutions 355 Coraggio L. and Coretto P.
Solicited Session SS17 - Statistical methods for education and edu- cational services 361
Association between INVALSI scores and students' mobility in Italy: a preliminary analysis
Bacci S., Bertaccini B., Lombardi G. and Tocchioni V. Modelling Responses and Response Times: an application to Mathematics
INVALSI data
Latent potential outcomes: An analysis of the effects of programs aimed at improving students' non-cognitive skills
Pennoni F., Bartolucci F. and Vittadini G.  Cognitive Skills and Non Cognitive Skills to Analyze School and Students  Performances
Solicited Session SS18 - Statistical methods for the assessment of transport services and sustainable emissions 386
Sustainability assessment of urban transport by an LCA comparison on different technologies vehicles
Della Ragione L. and Meccariello G.  Passenger comfort prediction via time-series classification
Vanacore A., Pellegrino M.S. and Ciardiello A.  A statistical model to analyse driving behavior: a case study 399
Rodia G., Sarnacchiaro P. and Acciarino V. Aggregating judgments in non negotiable group decisions in transport system403 Amenta P. and Lucadamo A.
Solicited Session SS19 - New advanced statistical methods for data science 408

A unified framework for two-dimensional clustering on preference-approvals:	
an analysis of Eurobarometer data	)9
Albano A., Sciandra M. and Plaia A.	
Pandemic Data Quality Modelling: A Bayesian Approach 41	.5
Ferrari L., Manzi G., Micheletti A., Nicolussi F. and Salini S.	
Explainable AI for Peer-to-Peer Credit Risk Management	21
Babaei G., Pagnottoni P. and Do T. T.	
Tackling misclassification in surveys about undeclared work via the EM	
algorithm	27
Arezzo M.F., Guagnano G. and Vitale D.	
	_
Solicited Session SS20 - Tourism, territory and data analysis  43	
Tourism, sustainability, and territorial impact: an input-output analysis 43	3
Garau G. and El Meligi A.K.	
The Impact of Big Data in Tourism	\$9
Ciuffreda R., Choedon C. and Simonetti B.	
Neural network-based prediction of domestic tourists' length of stay in Italy 44	13
Antolini F. and Cesarini S.	
The management of cultural heritage in contexts of undertourism: a model	
for assessing the economic sustainability of public-private partnerships 45	0
Calabrò $F$ .	
Solicited Session SS21 - Statistical methods and models for land	_
monitoring with spatio-temporal data 45	
Geo-referenced data and complex networks for measuring road accident risk45	8
Cantaluppi G., Clemente C., Della Corte F. and Zappa D.	
A comparison of geospatial models for car crash risk	<b>j</b> 4
Cantaluppi G., Giardino G. and Zappa D.	
Geostatistical modelling of livestock-related PM <sub>2.5</sub> pollution and scenario	
analysis for policymakers - Work in progress	<b>'</b> 0
Fassò A., Rodeschini J., Fusta Moro A. and Finazzi F.	
Functional clustering methods for space-time big data from mobile phone	
networks	<b>'</b> 6
Perazzini S., Metulini R. and Carpita M.	
Solicited Session SS22 - Methodological developments and applica-	
tions for the assessment of student competencies  48	3
Modeling the main drivers of mathematical literacy of school-leaving stu-	
dents. Some evidence from the Invalsi tests	2/1
Davino C., Palumbo F., Romano R. and Vistocco D.	) <del>'</del> ±
	)O
Educational Data Mining: clustering students' performance over time 49 Taraborrelli G. and Farnè M.	/U
	) C
The nexus of cultural capital with participation in early childhood education 49	10
Ripamonti E.	
High- and Low-Performing students and future career: a gender and social	
issue	12

${ m Solicited\ Session\ SS23}$ - ${\it Statistical\ methods\ for\ environmental\ mon-}$	
itoring and sustainability	<b>508</b>
Clustering spatial data through optimal transports	509
Balzanella A. and Verde R.	
New interpretative insights for environmental air quality by means of FDA Terzi S., Naccarato A. and Fortuna F.	514
A Bayesian State-Space Model to Mitigate Unmeasured Confounding Zaccardi C., Valentini P. and Ippoliti L.	520
Mining social media data for damage assessment in environmental disasters del Gobbo E., Cafarelli B., Ippoliti L. and Fontanella L.	526
Solicited Session SS24 - Satisfaction and behavior in tourism	<b>531</b>
The evaluation of the hotel stay through a new development of correspondence analysis coping with ordinal variables	532
D'Ambra A. and Amenta P.	
Assessing the role of knowledge and authenticity in the formation of attendee loyalty at cultural festivals	536
Residents' Opinions and Perceptions of Tourism Development in the His-	
toric City of Matera	542
Sarnacchiaro P., Di Gennaro R. and Di Taranto E.	E 47
Exploring tourism at religious sites: The case of Assisi	547
Session of free contributes SFC1 - Education and labour	<b>552</b>
Local concordance among the items of questionnaires on student's opinion (OPIS)	
Terzi S. and Petrarca F.	000
High School Proficiency of Future University Students: An Analysis based on INVALSI Data	560
Santelli F., Di Credico G. and Di Caterina C.	000
Employment vulnerability of immigrants in the labour market – Does origin	
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	566
The effect of pricing policies on students' use of university canteens Masserini L., Bini M. and Lorenzoni V.	572
Gig workers' identikit	576
Zavarrone E. and Forciniti A.	010
Session of free contributes SFC2 - Tourism and territory	<b>582</b>
Multi-source approach for statistics in tourism sector	583
Bianchino A., Fusco D., Giordano P., Liguori M.A. and Summa D.	
Statistical analysis of tourism sustainability in Campania: post Covid-19 review	589
Giacalone M., Basile V. and Bellucci M.	
Investigating recent changes in dietary behavior	596
D'Uggento A., d'Ovidio F.D., Toma E. and Onorati M.G.	

Depopulation in the Abruzzo municipalities	
The Productions System of Inland Areas	. 607
Session of free contributes SFC3 - Social issues	613
Modelling the gender gap in youth mortality with an Age-Period-Cohort analysis	614
Random forest for classifying odor emission sources	. 620
An Experimental Annotation Task Investigating Annotator Agreement Within a Misogynistic Dictionary and Corpus	. 626
Tontodimamma A., Ignazzi E., Anzani S., Fontanella L. and Di Zio S. Statistical analysis of COVID19 impact on Italian mortality Franchetti G. and Politano M.	632
Measuring multidimensional deprivation using objective and subjective data: an application of the Voronoi ranking method	. 638
Session of free contributes SFC4 - Trends	644
The role of big data analytics in circular supply chains: A bibliometric analysis	. 645
Estimation of the ranking of incentive policies for the adoption of 4.0 technologies	. 652
Risk Management and Future Scenarios. A proposal based on a mixed-method approach	. 658
Di Zio S., Bolzan M., Marozzi M. and Scioni M.  Explainable artificial intelligence (XAI) through artificial intelligence from a human in the loop (HITL) perspective: an interview with ChatGPT Santarcangelo V., Lamacchia A., Vitullo S., Di Lecce M. and Giacalone	₹ 664
<ul> <li>M.</li> <li>Relevance in official statistics: information needs, satisfaction with data quality, some results and future perspectives</li></ul>	. 670
Session of free contributes SFC5 - Economic issues	676
Evolutionary trends of start-ups in Italy: a case study	677
	. 682
Techniques and constructs in some recent market and organizational research Sciascia I.A.	h685
The value of buildings in the Italian general government balance sheet $Santoro\ P.\ and\ Regano\ A.$	. 689

ing market	nd- 695
Giordano F., Milito S. and Parrella M.L.	050
Session of free contributes SFC6 - Methodological issues	701
Macroeconomic Time Series Classification by Nonparametric Trend E	
mation	702
Feo G., Giordano F., Niglio M. and Parrella M.L.	_
A Normalization Method for Space-time Analysis of Evaluation and Qu	
ity Indicators	709
Mazziotta M. and Pareto A.	
Unveiling Latent Structures: exploring Multidimensional IRT Models us	_
Dirichlet Process Mixtures	/13
Valentini P., Fontanella S. and Fontanella L.  On a technique to detect accounting data manipulation	710
Passamonti C.	/10
i assamonni C.	
Session of free contributes SFC7 - Economics and environment	724
Session of free contributes SFC7 - <i>Economics and environment</i> Determinants of Water Conservation Behaviour and Spatial Heterogene	
	eity
Determinants of Water Conservation Behaviour and Spatial Heterogene	eity
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity 725
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity 725 y 731
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity 725 y 731
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity 725 y 731 alysis735
Determinants of Water Conservation Behaviour and Spatial Heterogenes in their Coefficients	eity725 y731 alysis735
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity725 y731 alysis735
Determinants of Water Conservation Behaviour and Spatial Heterogenes in their Coefficients	eity725 y731 alysis735 a of741
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity725 y731 alysis735 a of741
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity725 y731 alysis735 a of741
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity725 y731 alysis735 a of741747
Determinants of Water Conservation Behaviour and Spatial Heterogene in their Coefficients	eity725 y731 alysis735 a of741747

# The effect of pricing policies on students' use of university canteens

### L'effetto delle politiche di prezzo sull'uso delle mense universitarie da parte degli studenti

Lucio Masserini, Matilde Bini and Valentina Lorenzoni

Abstract University canteens play an important role in academic life; they not only allow students to benefit from subsidised food services and meals at lower prices than those commonly available at other local eateries but also affect other aspects, such as students' health, social relationships and academic achievement. Using a quasi-experimental design and a difference-in-differences approach, this study aims to evaluate the impact of an income-based pricing policy on students' frequency of using university canteens and their meal choices. Using data from an Italian university, this study shows that users who experienced a meal price increase significantly reduced their use of university canteens.

Abstract Utilizzando un disegno quasi sperimentale e un approccio basato sulla differenza nelle differenze, questo studio si propone di valutare l'impatto di una politica dei prezzi basata sul reddito sulla frequenza di utilizzo delle mense universitarie da parte degli studenti e sulle loro scelte di pasto. Utilizzando i dati di un'università italiana, questo studio dimostra che gli utenti che hanno subito un aumento del prezzo dei pasti hanno ridotto significativamente l'uso delle mense universitarie.

**Key words:** difference-in-differences, food choice, price change, pricing policies, university canteen meals, university finance

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### 1 Introduction

Universities and related facilities play a strategic role in the promotion of students' well-being by ensuring their academic achievement and enhancing their social life, overall health status and human dignity [3].

Although the literature in the field of university facilities is sparse [1], some studies have revealed that easy access to high-quality food is an important aspect of students' well-being with relevant short- and mid-term consequences. Research has shown that adequate access to food has an impact on students' performance and retention, potentially contributing to their general health and having considerable implications for long-term health preservation and the reduction of the collective health care burden [4,5]. University canteens are generally able to offer low-cost meals and play an important role in the promotion of students' university careers and general well-being from a public health perspective, since they allow students to benefit from subsidised food services and meals at lower prices than those commonly found among their competitors. Using a difference-in-differences (DID) approach, this study aims to evaluate the effect of introducing an income-based pricing system on students' use of university canteens and their meal choices at these canteens. DID is a statistical technique used for policy evaluation in quasi-experimental designs with panel data. Two aspects were analysed as outcome variables to evaluate the impact of the new pricing system on students' eating habits: 1) the frequency of university canteen use and 2) the proportion of light and large meals consumed. The study was carried out in a university in Central Italy that has three university canteens administered by the Financial Aid and Scholarship Office.

#### 2 Method

Given that this study used panel data and involved a natural experiment, where the treatment consisted of the introduction of a new income-based pricing system, a DID approach [2,6] was employed. The DID estimator is a popular tool in quasiexperimental designs for evaluating the impact of a treatment or intervention using a repeated cross-sectional or panel design. In our setting, the same students belonging to the treated and control groups were observed for two periods, before and after treatment, in such a way that the students were made into their own controls. The basic idea behind the DID technique is that in the absence of treatment, the change in the treated outcome would have been the same as the change in the non-treated outcome. Thus, although the outcome levels may differ between the treated and control groups even in the pre-treatment period, the impact of the treatment could be measured by the DID estimator as the difference in average outcomes in the treatment group before and after treatment minus the difference in average outcomes in the control group before and after treatment [6]. The DID estimator can be easily implemented using a regression approach, which can obtain the estimates and corresponding standard errors in one step:

$$y_{it} = \beta_0 + \beta_1 t_{it} + \beta_2 T_{it} + \beta_3 (t_{it} \times T_{it}) + X_{it} \delta + \varepsilon_{it}$$

where  $y_{it}$  represents the relevant outcome variable (the frequency of canteen use and the proportions of FM, LM1 and LM2);  $t_{it}$  is a binary variable for the period of observation, where  $t_{it} = 0$  stands for the period before April 1, 2018, and  $t_{it} = 1$  stands for the period from April 1, 2018, onwards;  $T_{it}$  is a binary treatment variable, where  $T_{it} = 0$  indicates students in the control group (those with unchanged meal prices) and  $T_{it} = 1$  stands for students in the treatment group (those whose meal prices increased or decreased);  $X_{it}$  is a vector of covariates, entered in the model as control variables; and  $\varepsilon_{it}$  is the error term.  $\beta_3$  is the coefficient of interest and represents the DID estimator. It results from the interaction term obtained by multiplying the treatment indicator and the period of observation; it takes a value of 1 for students whose meal prices changed after the treatment. For the frequency of canteen use, the regression equation was estimated with the ordinary least squares technique; for the proportions of meal types, a beta regression approach was carried out (for more details, see [7]). In both cases, robust clustered standard errors were used to control for heteroskedasticity and clustered data.

#### 3 Results

Two outcome variables were used to assess the impact of the new pricing system on the students' eating habits: 1) the frequency of university canteen use and 2) the proportion of meal types (large and light meals) consumed.

Taking the number of accesses as a dependent variable, the effect of price variation was evaluated using two DID models: one for students whose meal prices increased and the other for those whose meal prices were reduced. Taking the proportion of meal types consumed (FM, LM1 and LM2) as a dependent variable and the two intervention groups, additional DID models were also estimated. In both cases, analyses were carried out separately for all students, as well as for frequent and non-frequent users. The general DID model used in our analysis allows for the inclusion of both fixed and time-varying covariates. For each model, we present only the DID estimates summarised as  $\beta_3$ , which represents the main parameter of interest and measures the magnitude and direction of the effect of the price variation.

Table 1 shows the results of the DID linear regression models that were estimated using the frequency of university canteen use as a dependent variable. With regard to the students whose meal prices increased (Table 1), the DID estimate ( $\beta_3$ ) indicates a significant decrease in the total number of accesses; this effect was also observed among both frequent and non-frequent users. Given the logarithmic scale of the dependent variable, results can be interpreted more effectively in terms of percentage change. On average, the price increase produced a 29.9% (95% CI: 23.2%–36.0%) reduction in the number of accesses. The magnitude of the effect produced by the price variation is higher among frequent users, whose canteen use was reduced by 36.3% (95% CI: 25.2%–45.7%) as compared to the 20.2% (95% CI: 7.0%–31.5%) decrease among non-frequent users. No effect was detected among the students whose meal prices were reduced.

Table 1 DID estimates on the number of accesses according to the type of price change

	Overall	Non-frequent users	Frequent users
Price increase	-0.356 (0.046)***	-0.225 (0.078)**	-0.450 (0.081)***
Price reduction	0.043 (0.041)	0.071 (0.075)	0.096 (0.065)

The dependent variable is the log-transformed frequency of canteen use. Models also include the individual-level covariates (age, gender, course year and faculty). Robust standard errors are in parentheses. p < .05. p < .01. p < .01.

Other results we obtained show the effect on FM consumption. DID estimates show significant effects only for students whose meal prices increased. Among these students, the probability of always choosing and never choosing FM increased by 40.9% and 87.8%, respectively. This effect was not observed when the sub-groups of frequent and non-frequent users were evaluated. Among frequent users, the price increase was associated with a 12.9% reduction, on average, in choosing FM.

Among the students whose meal prices increased, results show a rise in the proportion of those who chose LM1, both overall (+15.8%) and in the two-subgroups of frequent (+21.9%) and non-frequent users (+29.3%). On the other hand, the probabilities of never and always choosing LM1 were not affected by the price variation. When the effect of price reduction on LM1 selection was analysed, the only significant effect observed was a threefold increase in the probability of always choosing LM1 among non-frequent users.

With regard to the proportion of LM2 consumed, the analysis of students whose meal prices increased shows that the intervention produced a higher probability of not choosing LM2 both overall (+42.2%) and among non-frequent users (+42.8%). Conversely, the probability of always choosing LM2 decreased significantly in the same groups. Overall and among non-frequent users, price reduction had a significant negative effect on the probability of always choosing LM2. No other significant effect was associated with price reduction.

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